



Virtual Learning Series: Clean Beauty

About the Session: Decades of studies indicate that serious health issues are on the rise and are due in part to our ongoing exposure to toxic chemicals. There are more than 80,000 chemicals in personal products on the market today. Many don't have any safety data. By taking simple steps and focusing on what we can control (not what we can't) we can reduce our exposure to these chemicals that are contributing to our body burden and help it thrive and function the way it was naturally designed to do. Kate Robichaud, Executive Director with Beautycounter will empower you with information and tools you need to detox your home, navigate labels with confidence and know what to look for and what to avoid. Because, we all deserve better.

Meet Kate: Kate is a mum of two little ones, Realtor and Executive Director with Beautycounter who is passionate about educating women on how to live a low-tox lifestyle. After struggling with her health after the birth of her second child, Kate became passionate about educating families on the lack of regulation in the beauty industry, the harmful ingredients that are on the shelves right now and the health risks associated with them. Kate joined Beautycounter's mission of getting safer products into the hands of everyone when she realized she could make a significant impact on women's lives by educating and empowering them to make safer choices. Kate also taps into her 10 years experience as an entrepreneur to mentor other women on how to build a secondary stream of income, learn how to run a business that can fit into their already busy lives and tap into their own personal strengths and power. Let's get real here. We shouldn't be afraid to want it all. Kate's work with Beautycounter has given her a platform to do what she truly feels called to do - empower the women around her.

Additional Resources:

[Download the Small Changes with Big Impact Handout](#)

Download the [EWG Healthy Living App for your phone](#) or [go to their Website](#)
[Beautycounter's Never List](#), good when shopping as well

The organic farm Kate buys her beef: [Reach them here](#)

Connect with Kate for 1-2-1 education sessions or skincare and makeup consults:

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