



Virtual Learning Series: Body Image and Cancer

About the Session: Today's conversation will centre on the theme of Body Image and Cancer. Marcia's talk will explore how diet-culture and ableism inform the way that society views young cancer patients. Together, the group will examine how society's broader perspective on sickness vs. health influence the way that patients process and cope with the physical impacts of cancer as they progress from diagnosis, through to treatment and long-term care.

The goal of Marcia's talk is for participants to leave feeling seen, heard, and understood in regards to the challenges they face as young women who have been diagnosed with cancer. Participants will leave the talk with insights into the topics of body-image and body-acceptance, and a list of tools and resources they can use as they move forward into the future.

Meet Marcia: Marcia Wickett is an anti-diet nutritionist on a mission to teach people how to ditch diet culture and work towards body acceptance. As a cancer survivor, Marcia understands the unique set of challenges that young cancer patients face. She knows that the battle to reclaim their bodies is one that is life-long and filled with nuance that only other patients can understand.

With discussions of body politics, mental health, and cancer survivorship Marcia's goal is to give her clients the tools they need to dismantle diet-culture and everything that goes along with it.